Book: H.e.l.f.a. - Instrukcja

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Image

H.e.l.f.a. stands for Helfa Engage Lovingly For All. It is a project and an idea how we want to connect people and create a new kind of togetherness. To create this, we have to completely rethink our social structures. In doing so, it is important not to reject the old per se, but to free ourselves from everything and to find new ways or to use the old ways differently under certain circumstances. Nevertheless, a rethinking is needed, because as it is at the moment, people not only get sick, but they destroy and isolate themselves completely. This can be seen on a small scale, i.e. in friendships, where people cannot meet because of burnout or lack of time, as well as on a large scale, where one part of the earth's population has too much to eat, while the other part is starving. There is no single solution for how to do it right, but we would like to present here a solution approach in which one direction it could work. This direction we are trying to go takes a different path ... and yet there are many elements that will look familiar to you. Have fun reading.